

COVID 19 Urgent Eye Care Service (CUES) Guidance for Primary Care Optometrists

BE COVID-19 SAFE: ✓ Minimise need for F2F contact ✓ Only do the necessary tests ✓ Ask for advice if unsure

	Referral to EED Same Session	Referral to EED Same Day	Review in practice same day or within 24 hours	Advice over telephone +/- review routinely after COVID-19
Trauma	<ul style="list-style-type: none"> Chemical injury (Alkaline) Penetrating injury 	<ul style="list-style-type: none"> Lid laceration Blunt trauma – if severe or <1/52 Corneal foreign body (FB) 	<ul style="list-style-type: none"> Blunt trauma >1/52 <2/52 if mild Corneal abrasion Sub tarsal/conjunctival FB (if equipment to remove) 	
Vision	<ul style="list-style-type: none"> Sudden complete loss of vision <6 hours 	<ul style="list-style-type: none"> Sudden loss of vision <12 hours (resolved/unresolved) Flashing lights & new floaters with previous history or risk factors (high myopia, previous tear or retinal detachment, family history, trauma) Recent onset of shadows or 'curtaining' in the field of vision Surgical or intravitreal post-op <2/52 + loss of VA New onset diplopia 	<ul style="list-style-type: none"> Sudden loss of vision >12 hrs but <2/52 (resolved) or <4/52 (unresolved) + OCT/Optos Flashing lights & new floaters (without definite features or risk factors for retinal detachment warranting direct referral to EED) Visual distortion <1/52 (If vascular occlusion refer to GP for cardiovascular work-up) & image to HES 	<ul style="list-style-type: none"> Mild blurring Watery Bilateral visual disturbance <2 hours +/- headache: advice regarding migraine type symptoms
Eye Pain Scale 1-5	<ul style="list-style-type: none"> 4-5 Score AND Analgesia gives no relief With nausea/vomiting 	<ul style="list-style-type: none"> 3-4 Score Keeping patient awake at night Post-op <2/52 	<ul style="list-style-type: none"> Relief with oral analgesia Photophobia Known recurrent anterior uveitis 	<ul style="list-style-type: none"> FB sensation <2/52 Gritty Irritation + discharge
Headache	<ul style="list-style-type: none"> 4-5 Score AND ocular symptoms (loss of vision) 	<ul style="list-style-type: none"> Painful scalp Brow pain Painful temples (all with ocular symptoms) 		<ul style="list-style-type: none"> Migraine type symptoms refer to GP
Lids/Facial		<ul style="list-style-type: none"> New droopy lid/ptosis Acute swollen lids (with pyrexia, +/- diplopia, distorted vision) 	<ul style="list-style-type: none"> Swollen lids (normal vision, apyrexial) 	<ul style="list-style-type: none"> Puffy lids & red eye <2/52 Normal VA Watery <2/52 Chalazion: advise warm compresses Allergic: cold compresses
Cornea & Conjunctiva	<ul style="list-style-type: none"> Cloudy cornea/vision Red +++ (with pain) 	<ul style="list-style-type: none"> Hazy cornea/reduced vision Red ++ (with pain) 	<ul style="list-style-type: none"> Redness around limbus Known contact lens wearer with symptoms Known recurrent herpes simplex keratitis 	<ul style="list-style-type: none"> Localised redness (not sub-conj haem) Red: mild Lost contact lens (advise to consult own CL practitioner, recommend irrigation and consider F2F if symptomatic) Conjunctivitis Subconjunctival haemorrhage
IOP	<ul style="list-style-type: none"> Angle closure symptoms (haloes/pain/vomiting) Nausea/vomiting 			
Other	<ul style="list-style-type: none"> Acutely unwell adult WITH ocular symptoms, swollen lids, pyrexia 			<ul style="list-style-type: none"> Any patient with symptoms >2/52
Paediatric	<ul style="list-style-type: none"> Pyrexial, WITH swollen lids: referral to Paediatric A&E 	<ul style="list-style-type: none"> Swollen lids – not unwell, apyrexial 		
Post-op	<ul style="list-style-type: none"> Pain ++ Loss of vision Profuse bleeding 	<ul style="list-style-type: none"> Any post-op <4/52 should go to surgical team 		

This list is not exhaustive. Practitioners should always apply their clinical judgement and refer to the College of Optometrists clinical guidance when deciding on the appropriate clinical pathway or telephone for advice and guidance. Updated 1st June 2020.